Range Students Study Abroad in Argentina

Ten students from the Rangeland Management program spent the first two weeks of January in northern Argentina observing agricultural, rangeland, and wildlife management practices there. We also took advantage of numerous cultural and educational opportunities. Heather Miller of Hay Springs, Erika, Lloyd and Cyndie Backes of Bushnell, Margo Larsen of Springview, Michelle Miller of Minatare, Hadley Hill of Imperial, Bailey Wise of Keensburg, Co, Jenita Qualm of Ericson, and Ben Jech of Rushville accompanied Eloisa Oporto Leiva a graduate student from Argentina and myself, Professor Chuck Butterfield.

The group left on the infamous New Year’s Eve blizzard after plenty of digging out. We then spent New Year’s in the Miami Airport and over the Atlantic Ocean. We arrived in Buenos Aires and then spent the next day and one-half touring the La Recoleta Cemetery where many presidents and historic figures, such as Eva (Evita) Peron, important to Buenos Aires history are buried. Sunday our group toured the Pink House or Government House and shops and street vendors of San Telmo then had dinner in the Palermo Neighborhood.

The next day we traveled to Villa Mercedes with our great bus driver Mariano. In Villa Mercedes the day started out with an orientation session to the region by Diego Steinaker and two other researchers at the local INTA research station. From there we traveled to the Cactus Feeders feedlot. This is a branch feedlot from the Texas Cactus feeders. Here we saw a very modern and automated feeding operation. From here we traveled to two ranches on the Pampas and looked at different ranching operations on native grasslands. Diego and his associates also taught us about the ecology of the region, their research, the threat to the rangelands by farming, and a little on the remaining wildlife like the Pampas deer.

The next day we traveled to the San Luis Hills, a low mountainous area that provided a change in vegetation. We toured a forestry reserve where we had the opportunity to hike the area, do some horseback riding, and have a wonderful lunch prior to winding our way off of the hills on a very narrow switchback road to Villa Dolores.

Thursday was a full travel day through many regions dominated by farming and ranching to the town of Santiago del Estero. The following day we met up with Dr. Carlos Kuntz another INTA researcher where we learned about brush control efforts in the region using mechanical methods and prescribed fire. These treatments are often followed by reseeding of the areas to non-native species such as weeping lovegrass. This was followed by another fantastic wood fired bar-b-que. Saturday was another great day of bonding in the bus as Mariano took us to Corrientes along a very scary single lane of concrete with mud shoulders and lots of trucks on it.

After a night in Corrientes we traveled to an Estancia (ranch) that is a traditional farm/ranch, but has adapted to an ecotourism focus. While wildlife conservation is not a priority for many in Argentina San Juan Poriahu has found a niche here in offering a very nice place for people to stay and then adventure out on to the Estero to view wildlife. The Estero is basically a very large wetland/inland lake with floating mats of vegetation and grazeable areas.

Continued on page 4...
Living in the State of Poverty...

We did it again! We created a simulated world within the confines of the Student Center Ballroom on February 18th. It was the State of Poverty and approximately 30 families were created among the participants – each required to conduct the obligations of life within 4 - 15 minute ‘weeks’ of time. Services were provided by another 15 participants who volunteered to become teachers, bankers, mortgage lenders, ecumenical leaders, social service workers and other vital neighborhood entities in the “Land of Poverty”. One very ‘successful’ criminal resided in our community and frequently eluded the very capable ‘volunteer’ policeman. Anibal Ponce, FCS Nutrition and Foods major “cuffing” Alex Gomez, an international student from Venezuela.

Each time the whistle blew, family members scrambled to accomplish the various tasks at hand, complicated or assisted randomly by the ‘good fortune’ or ‘bad luck’ cards that were dealt by co-facilitator of the event, Ms. Jamie Goffena. Carla Mahar, Extension Research and Educator from Dulc County brought the simulation and lead the orientation and the valuable ‘debriefing’ experience following our strenuous month of life in poverty. All participants left the experience with both greater empathy and understanding of the constraints of poverty and challenges faced by those enduring this condition.

Chadron State College and the FCS program are very grateful to the Nebraska Council on Economic Education for providing funding to make this activity ‘free’ to all participants.

Dr. Yvonne Moody
Professor, Family & Consumer Sciences

The Delzell FCS Club

The ‘club’ has become a workhorse this year! Very able and enthusiastic leadership among a strong senior class has brought the group to the forefront on campus happenings. Each month there have been activities to support the campus or bring opportunities for professional development to the members. Contributions to a local food pantry and sponsorship of an upcoming blood drive are examples of the benevolence provided.

Earlier in the fall, several members used their culinary talents to plan, prepare and serve a delicious meal for participants of the Elderhostel event hosted by CSC. Other fundraising events have proven successful, including a recent online Tastefully Simple sales party. They hosted a delightful holiday luncheon and arranged a White Elephant gift exchange. The Ladies Night Out and Early Childhood Conference – including ‘Living in the State of Poverty’ were large events that put our program in the spotlight – literally and figuratively! Plans to facilitate the 2nd annual Eagle Cook Off competition during our Scholastic Contest are underway for April 1st. Ms. Bethany Seifert has developed the basic strategy and is refining the tasks for assistants to make the event even more enjoyable for all participants as well as the many spectators who may want to share in the event.

Additional events are planned for the coming weeks, including a field trip for members to the Fort Collins and Denver region to take advantage of cultural and educational opportunities – and yes, some shopping, too! Several members will also travel to Cedar Falls, Iowa April 8 - 9th to participate in a regional AAFCPS conference with their advisor, Dr. Moody and Dr. Nealeigh. Ms. Samantha Fields will share her research and development ‘design’ project – “Re-DL” along with Nealeigh and Moody in a brief curriculum sharing session as well as display at a booth for student presenters.

Observation of “One Day Without Shoes” will be held during the annual Spring Daze events on campus. We are hoping to host a “High Heels – 50 foot Dash” or race along with the “Flip-flop Fling” competition this year in addition to bringing attention to the health conditions of shoeless populations. Join us ‘virtually’ if you wish: www.onedaywithoutshoes.com

Dr. Yvonne Moody
Professor, Family & Consumer Sciences
22nd Excellence in Early Childhood Conference
Once again a Success!

The 22nd annual Excellence in Early Childhood Conference was held on Saturday, February 19, 2011 co-sponsored by Chadron State College Family & Consumer Sciences program was once again deemed a success. Some 480 individuals from across the region – Nebraska, South Dakota, Wyoming and Colorado – enjoyed the pre-conference and conference events.

The two day event included a pre-conference Living in the State of Poverty simulation sponsored by Chadron State College Family & Consumer Sciences program and the Nebraska Council on Economic Education. Students, conference participants, families and community members actively participated in the simulation of a real life experiences families encounter in the world today.

Friday evening David Roth, internationally recognized musician, author, performer and keynoter entertained students, children and families at a free concert titled “Here We Are – A Musical Welcome with David Roth”. On Saturday, David presented participants opportunities to build a community through humor and song as well as practice their skills as “Practice makes Progress.”

Dr. Cheryl Charles, co-founder of the Children’s Nature Network with Richard Louv, offered a warm welcome to conference participants on Saturday morning as she spoke on Connecting Children to Nature. Dr. Charles presented her research findings on “The Ecology of Hope” for connecting children and nature for their health and well-being. She provided participants numerous examples of outdoor designs and natural settings that support opportunities for children to explore and discover the world of Nature as well as evidence on the importance for children using real things to learn.

Cultural sensitivity and discovering our bias’s was a focus of Dr. Tonia Durden’s message both in her breakout session and keynote address. “We teach Who We Are” provided participants a powerful image of ordinary people who do extra ordinary things for others. She encouraged participants to “always ask themselves what can I do to create a better learning environment for children.” Make a mark on the world that is yours and yours alone!

The pre-conference and conference were offered for college credit, Continuing Education Units and Professional Development Units. “Goody Buckets” were given as door prizes and were provided by conference co-sponsors and some 22 vendors from the community and area. A complete list of conference co-sponsors, presenters, and vendors is available on the website www.csc.edu/ecc

Dr. Kim Madsen, CFCS
Professor, Family & Consumer Sciences

Social Emotional Training

Dr. Kim Madsen, CFCS, recently participated in a two day training on Infant-Toddler/Preschool Social Emotional Development in Kearney, Nebraska. The training was sponsored by the Nebraska Children and Families Foundation, Nebraska Department of Education, Nebraska Department of Health and Human Services, and Early Childhood Training Center.

Following the two day Social Emotional Training, Dr. Madsen was actively involved in training for reliability on the TPOT (Teaching Pyramid Observation Tool for Preschool Classrooms) and TPITOS (Teaching Pyramid for Infant-Toddlers Observation Scale). Dr. Madsen became reliable for using the assessment tools after observing the Alliance Learning Center in February.

Dr. Kim Madsen, CFCS
Professor, Family & Consumer Sciences

[Diagram: The Teaching Pyramid]
Argentina  continued from page 1

Here we took boats out to see tons of waterfowl, alligators, capibara, fox, and deer, with pirana in the waters below (it was good to keep your fingers in the boat). After a little excitement with the wind blowing the floating vegetation in to trap two of the boats we set off to Ituzaingo, where our fearless leader, Eloisa was from.

At Ituzaingo we traveled out to Estancia Buena Vista, Eloisa’s family ranch. Here we went out to her ranch on a mud road which they commonly call a “dust road”. We got to see the ranch she was raised on and their cattle operation. This estancia (ranch) also was on an Estero, and thus water was everywhere. We spent too short of time looking at the cattle and the ranch before we had to return to town where her amazing family had a feast for us. We got to meet almost all of Eloisa’s family and the Mayor presented Eloisa with a plaque of the city for her work to bring us to Ituzaingo. After dinner we traveled up to Iguazu to spend the night at an amazingly nice Hostel and have corn pizza, Argentinians do amazing things with pizza.

The next day we traveled out to Iguazu National Park. The park is shared by Argentina, Brazil and Paraguay. The park is primarily jungle, complete with monkeys. The primary focus of the park is the falls, Cataratas del Iguazú. This is a system of waterfalls consisting of 275 falls along 1.7 miles of the Iguazu River. Some of the individual falls are up to 269 feet in height, though the majority are “only” about 210 feet high. Supposedly when Eleanor Roosevelt first saw them she declared “Poor Niagara, it looks like a leaky faucet.” After a drenching day at the falls we all said goodbye to Mariano and wet clothes and all flew back to Buenos Aires.

Upon our return to Buenos Aires we toured Mercado de Liniers, the world’s largest cattle auction; it commonly will run 9,000-11,000 head per day through the auction. After this we toured La Boca the home of the Tango, and then attended a tango show that night.

The next day found us on a flight returning to the US. The students all learned an amazing amount on the trip. Eloisa being a native Argentinean speaker made the trip so easy and enjoyable. A special thanks goes out to Dr. Younglove who made many of the arrangements and got us to and from the Denver Airport.

Dr. Charles Butterfield
Professor, Agriculture & Rangeland Management

Agriculture Alumni Honored

The 2010 Chadron State College Distinguished Alumni Award recipients, from left, Darrel McDonald of Lufkin, Texas, Sharon Hoffman of Bayard, and Tonja,1981, and Casey Frye, 1982, of Ames, Iowa. (Photo by Con Marshall)

Chadron State College’s 2010 Distinguished Young Alumni Award recipients, Dustin Ladenburger, 1994 & 2004, of Stratton and Loren Giesler, 1992, of Lincoln. (Photo by Con Marshall)
History of the Child Development Center Laboratory

The Chadron State College Child Development Center was established January 7, 1972, as an extension service to CSC.

The Center was housed in Edna Work Hall until September 1, 1972, when it moved to the Burkhiser Technology Complex. At that time, the Center became a laboratory for students enrolled in the Home Economics (Family & Consumer Sciences) department.

The Center has been licensed with the Nebraska Department of Health and Human Services since 1972, with capacity for 47 children. In October 1990, the Center was one of the first programs in the state of Nebraska and nationally to successfully achieve National Accreditation from the National Association for the Education of Young Children (NAEYC).

In 2009, the Center became certified as a Nature Explore Outdoor Learning Laboratory by the Arbor Day Foundation and Dimensions Educational Research Foundation.

Dr. Kim Madsen, CFCS
Professor, Family & Consumer Sciences

Nov 19, 2010-Kelsey Scott featured in Rodeo News Magazine

Chadron State cowgirl Kelsey Scott is featured in the Nov. 15, 2010, issue of the Rodeo News magazine.

Chadron State College’s Kelsey Scott wears a lot of hats.

Not only is the junior from Douglas, Wyo., a starting forward on the CSC women’s basketball team and a cowgirl on the rodeo team, she’s the Central Rocky Mountain Regional Student Director.

Now, after being featured in the November issue of Rodeo News magazine, she can add cover girl to her growing list of titles.

Scott, who is in her first year of being the Central Rocky Mountain Regional Student Director, is featured on the cover of the Rodeo News, a bimonthly magazine that carries schedules, results and standings for its associations.

Scott is also the centerpiece of a feature called “On the Trail.” In the article, Scott discusses her upbringing on a 50,000 cattle ranch outside Douglas, her collegiate career in rodeo, and her work ethic, which was instilled by her parents, Troy and Katie.

After five rodeos this past fall, Scott has the lead in the region in breakaway roping with 265 points. The CSC rodeo team will compete in five more events in the spring.

Scott has also been a regular for the CSC women’s basketball team, starting 46 of 55 career games.

The Rodeo News is an established magazine that began in 1993 as a roping publication covering Colorado, Wyoming, and Nebraska. Since that time, coverage has expanded to all 50 states, including Canada, with the theme being Nothin’ But Rodeo. The publication averages 144 pages each issue.

—Alex Helmbrecht,
Sports Information Director

2nd Annual Scholastic Day Eagle Cook-Off April 1, 2011

First Place
Sturgis-Brown High School
Shawna Royer, Chance Love, Masen Dale

Second Place
Scottsbluff High School
Carli Rose, Danielle Fabricius, NaNessa Reyes

Third Place
Gordon-Rushville High School
Alicia Conquering Bear, Courtney Fair, Alyssa Ostrander
The 2nd Annual Ladies’ Night Out

Our program and the FCS club joined forces with the B 94.7 radio station once again to produce the second annual ‘Ladies Night Out’ with a fashion show that included more than 100 items from local merchants on February 10th. Some 30 models helped to achieve an even greater show than last year. Contributing to the huge success of the event was the ‘Student Manager’ – Mr. Julian Lykins, a Design and Merchandising major from Fremont. As an ‘escort’ participant last year, Julian was in a great position to see how the fashion show worked and began to formulate a plan to improve aspects of the runway event for this year. Beginning early in the fall, he coordinated numerous meetings with the radio staff and recruited models, men and children as well as women. Julian also met with and negotiated the loan of fashions from bom- gaars, Double Exposure, Impressions, ReThreads, Walmart, the Eagle Bookstore, and the Closet in Gordon. Models were ‘fitted’ and accessorized, trained in runway walk and poise, and several were also featured in a photo shoot to create a dramatic poster and website advertisement, with the help of student photographer, Evgeny Popov and graphic artist, TJ Thomson.

Julian also incorporated Samantha Field’s special internship project which is a line of custom-made apparel created by combining and re-designing ready-made clothing into unique items. Samantha is a senior Design and Merchandising major who has created several unique items – with her amazing talent for color, texture, and interesting design details. Adding to the overall entertainment value of the event, Julian also worked with several talented students to perform their original work. Individuals played and sang some original songs, including Jerome Suhah, a Sudanese immigrant who is currently studying at the Pine Ridge Job Corp center. Both entertainers were enthusiastically received by the large crowd women and men attending the event.

More vendors from the region provided unique merchandise for guests to experience and shop for during the event. Elegant refreshments were served by Creative Dining staff, including wine – making for a very fine evening for all!

Julian offered thanks to the many folks who helped to bring together all of the elements that went into making this second event even better than the first. I believe it was the very apt attention given to each and every detail of the event and outstanding coordination of the many facets of this production by Mr. Lykins, that secured the success!

Dr. Yvonne Moody, Professor, Family & Consumer Sciences
Oct 28, 2010 Photographer Tells of Love for the Plains

Nature photographer Micheal Forsberg of Lincoln added words to his images to express love for what he termed “the big back yard of the Great Plains” during a presentation at Chadron State College on Thursday.

Forsberg, who was presenting the inaugural installation of the Mari Sandoz High Plains Heritage Society’s Pilster Great Plains Lecture Series, was joined by South Dakota rancher and author Dan O’Brien for the presentation. Forsberg and O’Brien recently collaborated on a book, “Great Plains: America’s Lingering Wild.”

O’Brien read one of his essays from the book, which helped illustrate the amount of time, patience and skill involved in photographing wildlife. He told of how Forsberg prompted him to get on hands and knees act like a mountain lion in setting up remote cameras and lighting in the southern Black Hills of South Dakota.

Forsberg later showed the photos of the mountain lion that were captured from the set-up.

In the past four years, the photographer has shot 30,000 images while logging 100,000 miles on the road six months each year. He also went through “two wheel bearing assemblies, three sets of tires and 1 ½ Suburbs,” he said.

The primary focus of Forsberg’s presentation was conservation. To make his point about the decimation of species since westward expansion of the United States, he showed historical photographs – one of which was an early 19th century image of “U.S. Biological Survey” spelled out with 1,600 dead prairie dogs.

Forsberg said goals of the “Great Plains” book were to study the ecosystem and to build an appreciation for the plains from people who haven’t witnessed its beauty. He said people have a “perception versus reality” problem in the Great Plains, a massive area stretching from Canada to Texas that he noted would be the 10th largest country in the world if sovereign.

“It doesn’t knock your socks off at a glance. It’s not the Colorado Rockies, it’s not the Pacific Northwest, it’s not the Grand Canyon. It’s a place that you can’t appreciate from a roadside pullout in five minutes,” he said. “It’s a place you have to linger for hours, for days, for months, for years or a lifetime. Then it’s like getting to know an old friend. The more time you spend, the more layers you peel away, the more beauty you see. That’s what the Great Plains is, and it can be every bit as remarkable as all these other places.”

Forsberg showed a series of maps to illustrate the development of the Great Plains. Despite the many challenges facing today’s Great Plains ecosystem, Forsberg said there’s hope.

“All is not yet lost on the prairie. There is still that lingering wild that survives here and the idea of conservation is still alive and well,” he said. “Conservation efforts are growing, and it’s not coming from some government directive on high. It’s a movement coming from people as firmly rooted in the soil as the prairie is itself.”

Forsberg said his photography has evolved from something he once did for himself to something he now does for his children and future generations.

“I care a lot about this place, I care a lot about the people who make their life on the land here, and I care a lot about the wildlife and our natural heritage,” Forsberg said.

Forsberg provided live narration for a 12-minute slideshow of his stunning photographs to finish the presentation. An exhibit of Forsberg’s work is on display in the Mari Sandoz High Plains Heritage Center at Chadron State.

In introducing Forsberg, Sandoz Society president Lynn Roper of Lincoln used the title of a Sandoz book.

“We can’t think of a better way to start this series off than with someone who really has ‘Love Song to the Plains’ in his heart,” she said.

The lecture series, which will feature an event annually, is funded from an endowment created from the sale of 3,731 acres of Dawes County ranchland that Esther Pilster donated to the Sandoz Society in 2006.

—Justin Haag, CSC Information Services
“CSC Child Development Center is Going Back to Nature and the Simple Life”
Celebrating 40 Years

The students enrolled in the FCS 448/448L Early Childhood Practicum course participated in a field trip to the Boulder Journey School in Boulder, Colorado in late January. “What a fantastic opportunity to see a Reggio program in action.” “I am so impressed with the natural, inclusive environment...it’s all about recycling and using what you have.” “Look at how they capture the essence of the child and their work.” “It’s truly about what is best for the child.” Dr. Madsen and students commented.

The excitement for ‘change’ is in the air. The CSC Child Development Center leadership team, children, CSC students, families and student teacher assistants are making the necessary changes in the environment both inside and outside to capture the creativity, imagination and self-discovery of the children. You will see...

- the entry way welcomes families as the history, role of the child, role of the family, role of the teacher and role of materials are displayed
- more materials only nature can provide available for children to explore
- colorful creations only a child could make
- projects planned, organized and developed as a result of the interests of the children
- wood structures, sculptures, and designs manipulated by small hands
- photographs of the children as they explore and discover the world around them

In 2012, the Center will celebrate 40 years in operation. We encourage alumni to return to Chadron State College and the Center to renew old friendships and celebrate with us.

Dr. Kim Madsen, CFCS Professor, Family & Consumer Sciences

Kent Hall Room Re-Model

Seven members of Chadron State College’s interior environments class last fall decorated an empty dorm room that will be shown during tours for potential students. Class members decorated the room with accessories that were either crafted by class members, or donated by them or members of the admissions and residence life staff. The entire project cost less than $250. Dr. Yvonne Moody, who teaches the course, is pictured at left with class members, from left, Bethany Seifert, Kalen Pence, Abbey Peterson, Hilary Wilson, Devin Shimic, Jonella Yrkoski. Samantha Fields is not pictured.

—Justin Haag, CSC Information Services

Project Learning Tree – Growing Up Wild Workshop

CSC Family & Consumer Sciences program, CSC Child Development Center Laboratory, Nebraska Game and Parks, University of Nebraska-Lincoln, UNL Nebraska Forest Service, Rocky Mountain Bird Observatory, and Nebraska Environmental Trust are co-sponsoring Growing Up Wild: Exploring Nature with Young Children and Project Learning Tree: Environmental Experiences for Early Childhood workshop.

The Workshop will be held at Chadron State College on Saturday, March 26, 2011 from 9 a.m. until 3:00 p.m. (MST) in the Burkhiser Technology Complex room 208a. For more information about the workshop and registration information, please contact Dr. Kim Madsen (308)432-6372 kmadsen@csc.edu or Amanda Filipi at (308)220-0052 amanda.filipi@rmbo.org

Dr. Kim Madsen, CFCS Professor, Family & Consumer Sciences
Nov 1, 2010. Professor Studies Struggling North American Bighorn Populations

Despite much advancement in wildlife conservation during this generation, a Chadron State College professor tells about a North American species that continues to face great adversity – the bighorn sheep.

“They have transitioned from a species of relative abundance to one of the most rare ungulates in North America,” said Dr. Teresa Zimmerman, the faculty member who leads CSC’s wildlife management program. “They are a species of concern because of what we have done to their habitat, our infiltration into montane systems, and also the effects of our livestock.”

Despite conservation efforts, she noted that bighorn populations continue to struggle throughout the West, including those at Fort Robinson State Park near Crawford. Like other populations, the Fort Robinson bighorns have been diseased by contact with domestic sheep, she said.

Zimmerman, who studied bighorn sheep at Badlands National Park for her doctoral dissertation, noted that bighorns and humans have coexisted for about 30,000 years, but major declines have occurred in just the past 150 years. During that period, the bighorn population in North America has deteriorated from an estimated high of 4 million to a low of 22,000, she said.

She cites research linking pneumonia in herds of bighorns to domestic sheep, which have evolved from the same ancestors but in climates not as dry and cool. Because of the environment, the various species of bighorns developed in areas largely free of the parasites and bacteria that cause illness.

She likens the impact of the introduction of domestic sheep on bighorn populations to that of the effect of European people on American Indian populations, who suffered from smallpox and other diseases foreign to their immune systems.

Zimmerman said it’s a certainty that a bighorn that contacts domestic sheep will contract pneumonia. “Contact” happens easily, she said, as the bacteria from domestic sheep that causes pneumonia in bighorns can be spread by airborne mechanisms. It is recommended that about 10 miles separate domestic sheep and bighorn populations. Typically, a herd loses 90 percent of its population after coming into contact with domestic sheep, and low birth rates ensue.

While advancements have been made in treating ailing bighorns with antibiotics, she said the method is extremely expensive and generally not effective.

Zimmerman spoke about the bighorns Tuesday, Oct. 26, as part of the Graves Lecture Series at the King Library. Much of the presentation focused on the bighorns’ history, behavior and characteristics. She outlined the bighorns’ migration to North America over the Bering Strait 20 million years ago, and how more than a half dozen subspecies developed from isolation caused by North American glacial activity.

She told about the human activities that forced extinction of the Audubon’s bighorn sheep, which once thrived in the Great Plains including northwest Nebraska. The last known sheep of that subspecies was killed by a South Dakota hunter in 1923. Reintroduction efforts in the Great Plains have consisted of Rocky Mountain bighorns, including populations at Fort Robinson, the Pine Ridge, and the Wildcat Hills near Scottsbluff.

She encourages people concerned about the bighorns to support agencies that promote wildlife conservation and policies to regulate domestic sheep and goats. She also said they should support land acquisitions that will keep bighorn herds separated from humans and livestock.

“It is important to conserve the species that are here,” Zimmerman said. “I think of it like a puzzle. If a piece to a puzzle is lost, we often don’t realize the entire system may be ruined. There are many species that play a role in our ecosystem, and it’s important to make sure each is not destroyed from our actions.”

—Justin Haag, CSC Information Services

Dr. Teresa Zimmerman (Courtesy Photo)
Is Capitalism Good for the Poor?

This question may sound sarcastic, but data to validate that assumption was provided at Chadron State on March 4th by Dr. Roger Butters, Economist from UN-L and president of the Nebraska Council on Economic Education. Results of his many years of research and education were shared in the day-long seminar, provided to the teachers and student participants. Poverty was defined and the primary components of a capitalistic society were analyzed in depth. Those societies that exhibit more traits of capitalism typically provide higher levels of living (less poverty) among their inhabitants. Those fundamental elements of capitalism: property rights, rule of law, free market enterprises and entrepreneurial ventures generally provide citizens a route to greater wealth. And ‘wealth’ is the cure for poverty!

Dr. Butters engaged the group with several strategies – including ‘sharing the wealth’ in an exercise involving 100 dollar bills and ‘blind’ partners. We learned that our group was somewhat atypical of the average participant who would ‘leverage’ their personal wealth by diminishing that of other players. Chadron State participants generously offered 50/50 division of wealth – except for one ‘extreme’ deviant who preferred a 60/40 split with their partner. Most participants then benefited with an additional $5 to add to their stipend of $50 as a participant in this educational opportunity.

Several volunteers illustrated the concept of ‘competition’ in an imaginary ‘Muffin Making’ exercise. It was a very memorable concept as each muffin maker donned an apron and later those ‘profit pirates’ earned their hats! Thanks, Elizabeth, Julie, Abbey, and Samantha! *Pix

Additional resources, especially helpful to classroom teachers or parents were shared – and are available, free to all at: http://www.fte.org. Future workshops and seminars will be welcomed to advance the essential concepts of economic education.

Dr. Yvonne Moody, Professor, Family & Consumer Sciences
PROFESSIONAL ETIQUETTE:
Dinner helps young professionals learn the dos and don’ts of business meals.

As a new staff auditor for Ketel Thorstenson, Kyle Lambert has been learning a lot about the accounting practices of his business clients. But that’s not all he needs to know to be successful in his first job.

The 23-year-old recent University of South Dakota graduate said he also needed an understanding of etiquette, so he doesn’t inadvertently offend a client.

“That’s one reason he joined the Rapid City Area Chamber of Commerce’s Young Professionals Group in time to attend a recent etiquette education dinner.

“I learned a lot,” Lambert said after the three-course dinner last week at the Hampton Inn. One of the lessons was to cut your food bite by bite as you go—not all at once at the start of the meal.

“What?” he said in mock surprise. “I can’t cut my whole steak up?”

Oh well, he said. “I don’t get to order steak, anyway.” He is a new staffer, after all. So he orders mostly burgers. Even with burgers, he said he learned to take it slow.

“The way I eat is a lot different. We’re from South Dakota. If you get a burger, you just grab it,” he said.

But when you’re out to lunch with clients, you can’t dig in with the same gusto.

Lambert said he will benefit from the lessons offered by a pair of Chadron State College family and consumer science professors, which included how to introduce two acquaintances, how to signal to the waiter that you’ve finished your meal and how to handle a phone call during a business meal.

The Young Professionals Group, a networking and service club, held the event to educate its members and give them an extra edge in business.

“The people who are in this group are already professionals, but there’s always more to learn,” said Sarah Kryst, who helped organize the event as chairwoman of the group’s professional development committee.

The response was immediate, with all 50 seats selling out and only one no-show the night of the dinner.

Krys, a physician assistant, said she doesn’t really need dinner-plate etiquette on the job, but she did recently attend a five-course holiday dinner at the home of one of the clinic’s doctors (one place it’s acceptable to discuss otherwise conversationally off-limits medical procedures).

Krys said she hoped the event was helpful to the club’s members, and that the club planned to hold more educational events this year.

Brandon Hatle, who is in sales and customer service for TruGreen lawn care, said he learned how to pull out a chair for a woman at the dinner table, in order to use his silverware and not to butter his whole dinner roll all at once.

“I thought this would be beneficial in the long run because I am so young,” the 23-year-old said.

Hatle said he and other young people entering the business world needed to fight a tendency to be “too casual” on the job.

Whether it’s lawn care or a future job, he said, “It’ll help me out, whatever business atmosphere I’m in.”

Etiquette tips for business professionals

Here are some business etiquette tips from Chadron State College family and consumer sciences professors Norma Nealeigh and Yvonne Moody:

• Don’t be afraid to introduce yourself to people you don’t know. If a woman wants to shake hands, she should initiate the handshake. A man should not initiate a handshake with a woman. Say something about yourself or your job to get the conversation started.

• When introducing two people, speak to the person of higher rank first. For example, “Mr. CEO, I’d like you to meet our new human resources assistant, Bob.” According to emilypost.com, a client is ranked higher than anyone in your company, including the CEO. For example, “Joe Client, this is our CEO, Ms. Ima Boss.” Say something about the people you’re introducing to get the conversation started.

• Avoid texting or taking a phone call during a business meal. “If (the phone call) is a do-or-die business deal that you absolutely must attend to,” Moody said, “excuse yourself from your dinner partner.” Take the call in a location far enough away from other diners that you don’t disturb them.

• Don’t order any alcoholic drinks during a meal if you are a job candidate on an interview, even if the person interviewing you orders one. Also avoid ordering alcohol during a business lunch.

• Avoid controversial or unappetizing topics of conversation, such as religion, politics, your gall bladder surgery or your child’s potty-training progress. Stick to books, movies, travel, hobbies or the weather.

• Ask questions of the other person to get the conversation going and find mutual interests.

• Wear a name tag, when appropriate, to help other people remember your name and business affiliation. Wear the name tag on your right side, so it is on the left as viewed by people you meet. This puts it in the line of sight during your introductory handshake.

Story By Barbara Soderlind
Featured in The Rapid City Journal
Friday, February 4, 2011
As a student, I have enrolled in many classes. In the spring of 2010, I enrolled in the Lifespan Wellness course (FCS 517) to obtain my Master’s degree in Organizational Management with a focus in Human Services. In the beginning, I was not sure that the course would actually be very valuable to me; little did I know it would help change my life. The course was designed to help students assess their overall wellness and to promote optimal wellness choices. The course discussed the various dimensions of wellness (physical, social, emotional, intellectual, spiritual, occupational, environmental, financial, and others). In discussing each of these dimensions, I realized that if I was not satisfied in one aspect of my life it would affect all areas of my life. I was not making choices that helped to promote a healthy lifestyle. During the course, I started to ask myself, what changes can I make to improve my life? In order to improve my life, and move forward, I needed to make a variety of changes. I had to deal with relationship issues, work issues, and health issues. I had a lot of areas in my life that needed to be changed. I closely examined the people that were in my life and started to weed out the ones that were bringing me down. I then tried to learn more about myself. I tried to discover the things in my life that brought me happiness and the things that hurt me, and used this to implement other changes in my life.

Changes are not always easy, but I am a very goal-oriented person so I set goals to improve my life. I was at a very unhealthy weight and this caused me a lot of problems, both physically and emotionally. So, my first goal was to lose weight. I was determined to lose 100 pounds in a year. I made changes in my diet and I started working out regularly. These are two areas in my life that I had neglected for so long. But, it has been one year and I have lost 120 pounds. I am in a lot better physical shape and I am also better emotionally.

It took the Lifespan Wellness course for me to realize that I needed to change my lifestyle to improve my life. Once I realized that changes needed to be made, I learned that I was not going to be able to make changes if I continued to do the same things over and over. It made me realize if something is not working for me, I need to change it. Wellness is life changing; and for me, it began with a course that I was not sure would be very valuable!

Written by Heather Canarecci

The Lifespan Wellness course, FCS 517, is taught by Dr. Norma Nealeigh, nealeigh@ccc.edu, professor of Family and Consumer Sciences.

Scholastic Day 2011 Applied Sciences Test Winners

**Agronomy & Rangeland Management**
Kent Frickel-1
Taylor Kinchen-2

**Animal Science**
Robert Olsen-1
Cameron Smith-2

**Computer Aided Drafting and Design**
Arthur Peterson-1
Seth Popp-2

**Construction Technology**
Jarres Plummer-1
Seth Badje-2

**Consumer Issues**
James Updike-1
Meadow Will-2

**Eagle Cook-Off**
Sturgis-Brown-1
Gordon-Rushville-2

**Equine Management**
Katy Stewart-1
Justine Rivard-2

**Human Development & Family Life**
Shalea Wood-1
Racheal Houk-2

**Nutrition & Family Health**
Dana Anderson-1
Hannah Kirkpatrick-2
Kayla Gade-2

**Rural Energy**
Kyle Coleman-1
Elkanah Riley-1

**Veterinary Sciences**
Molly Jensen-1
Bethany Blackburn-2

**Wildlife Ecology & Management**
Nolan Rager-1
Michael George-2
Richard Vath-2
Colton Snyder-2
“Hands On” Learning in Family & Consumer Sciences

Research confirms ‘the earliest years are the most important years’. Students enrolled in the Family & Consumer Sciences Child and Family option and the Elementary Education with an early childhood endorsement degree program are gaining first-hand experience researching infants and toddlers this semester.

The students spent the first part of the semester reading, studying and researching developmental characteristics, milestones and capabilities of infants and toddlers birth to 36 months. They are studying developmentally appropriate practices, age and stage appropriate curriculum and environments. The second part of the semester requires students to become actively engaged observational research and practice by demonstrating their research with real infants and toddlers both in and out of the classroom.

Early Childhood Practicum senior level students are required to spend 9 hours a week in addition to coursework and class time in an early childhood setting with a qualified teacher-mentor. Each student works directly with children ages 6 week to age 8 (ages may vary with each setting and student) observing children and developing skill level competencies based on knowledge base content of theory and practice.

The students were also involved in a one day field trip to the Boulder Journey School in Boulder, Colorado. They experienced first-hand the philosophy and practices of a Reggio Emilia early learning environment.

Dr. Kim Madsen
Professor, Family & Consumer Sciences

Chadron State Rodeo Team Spring 2011

The CSC Rodeo Team’s spring season kicked off with the annual Black Tie Calf Fry Fundraiser. The fundraiser consists of an evening of dining and a live and silent auction followed by entertainment in the form of a dance. The Calf Fry was a great success this year, raising over $10,000.00 for the team of thirty students.

The spring rodeos began March 18, 2011 in Gillette, WY and will end the first weekend of May in Laramie, WY. The College National Finals Rodeo (CNFR) will take place in Casper, WY, second week of June. In order to qualify for the finals the cowboy/cowgirl must finish in the top three of his/her event. The top two men’s and women’s teams, in the region, also qualify for the finals.

With two rodeos remaining in the spring season the women’s team is ranked 3rd, the men’s team is 9th. Standing in individual events are as follows:

Women’s All-Around: Kaylee Gallino – 1st

Barrel Racing: Kaylee Gallino – 3rd

Bareback Riding: Collin Chytka – 8th

Steer Wrestling: Miles Spickelmier – 3rd, Tyrel Bonnet – 7th, Collin Chytka – 10th

Breakaway Roping: Kelsey Scott – 1st, Kaylee Gallino – 6th, Kaycee Werdel – 8th

Lisa Vroman
Graduate Assistant, Rodeo

New Rangeland Pavilion and Arena Take Shape
Presentation Focuses on High Impact Practices

Chadron State College professors, Dr. Yvonne Moody and Dr. Norma Nealeigh, and two students, Samantha Fields and Bethany Seifert, recently attended the Midwest Regional American Association of Family and Consumer Sciences (AAFCS) Conference, held in Cedar Falls, Iowa, April 8-9, 2011. Over 150 Family and Consumer Sciences professionals from Iowa, Minnesota, Nebraska and South Dakota participated in this Regional Conference held on the campus of the University of Northern Iowa. The theme of the conference was “Connecting to a Healthy Lifestyle.” The objective of the conference was for Family and Consumer Sciences professionals to grow in their professional, educational and personal lives.

Drs. Moody and Nealeigh teamed with the Chadron State students in presenting a session entitled “Lifespan Wellness: Curriculum Infusion.” The professors discussed high-impact practices currently used in teaching wellness concepts in the Family and Consumer Sciences courses at Chadron State. Bethany, an FCS Education major and future teacher, shared information regarding the Scholastic Day “Eagle Cook-Off” event that she helped organize and carry out. Samantha, a Design & Merchandising major and entrepreneur, displayed items of clothing from her own original and unique clothing line. She established her company on environmental wellness principles and named her start-up business Re-DI (Re-DoLife), combining her love of fashion and recycling.

A highlight of the conference was the popular author and keynote speaker, Dan Buettner, who is the founder and Chief Executive Officer of Blue Zones, and the New York Times bestselling author of “The Blue Zones: Lessons for Living Longer from the People Who’ve Lived the Longest.” Dan is an internationally recognized explorer, educator, public speaker and co-producer of an Emmy Award-winning travel documentary. Dan has appeared as a longevity expert on The Oprah Winfrey Show, Good Morning America, The Today Show, ABC World News, CBS’s The Early Show and CNN.

Other highlights included a presentation and hands-on cooking demonstration by Barry Greenberg, Executive Chef for Housing and Dining at the University of Iowa. As Executive Chef, his responsibilities include menu oversight and planning for student dining and the President’s Residence. He has been instrumental in the healthy dining initiative supported by the University of Iowa.

For more than 100 years, the American Association of Family & Consumer Sciences (AAFCS) has provided leadership and support to professionals whose work assists individuals, families, and communities in making informed decisions about their well being, relationships, and resources to achieve optimal quality of life. Connecting Professionals. Touching Lives.

—Press Release

If someone you know does not receive this newsletter and would like to, please contact Kristol Cummings at kcummings@csc.edu and I will add them to the list!! Have a Great Summer!

Be sure to visit Chadron State College campus for Homecoming!
October 1, 2011
CSC Range Teams Make Strong Showing at International Meetings

The CSC rangeland management teams attended the International Society for Range Management (SRM) meetings in Billings, Montana in February. Students competed in all events and had their highest finish ever for a CSC team in the Undergraduate Range Management Exam. Kody Schwager of Bartlett finished his term as Secretary for the International Student Conclave. The Rangeland Cup team consisting of Austin Horn of Sidney, Ben Jech of Rushville, Rick Arnold of Omaha, and Jenita Qualm of Erickson placed third in the competition with their topic of “Prescribed Burning: A Flare From the Past Blazing the Trail to Prosperity of the Future”. A CSC team has won or at least placed in the top three positions of this competition since its inception. Also competing in the competition was the team of Conor Ward of Grand Island, Tell Deatrich of Maywood, Hadley Hill of Imperial, and Erika Backes of Bushnell with their topic of “The Impacts of the Society for Range Management in the U.S. and Internationally.” In the Extemporaneous Speaking Contest, Qualm and Deatrich represented CSC well in a very crowded field. Attending the meetings also turned out rather profitable to a couple of students with Eric Trumbull of Stapleton getting a summer job with the National Park Service in Moose, Wyoming and Bailey Wise of Keensburg, Colorado having two on-the-spot interviews for summer internships. Also attending the meetings were Joe Reedy, of Newell, South Dakota, Margo Larsen of Springview, and Sara Winslow of Kearney.

Good-Bye Dr. Miller!

For your collegiality & camaraderie.
For your devotion to teaching & students.
For your kindness towards humans & the earth.
We wish you joy & peace.
Once an Aardvark, always an Aardvark.
Lifespan wellness has special meaning to graduation speaker

Dr. Norma Nealeigh speaks during Chadron State College’s ceremony for master’s degree recipients. (Photo by Daniel Binkard)

Dr. Norma Nealeigh, Chadron State College professor of family and consumer sciences, gave CSC’s master’s degree recipients pointers for a better life during her commencement address Saturday morning.

She centered her speech around three “random thoughts.” Two of the thoughts are no doubt common themes of graduation speeches -- prompting the degree recipients to make a difference and to work hard. Some may consider the other -- telling the graduates that she hopes they have a crisis -- to be a little more unconventional.

The case in point was her bout with ovarian cancer. The malady was diagnosed in January 2006.

“My local doctor had patted my knee and said, ‘I’m so sorry, but when it’s our time to go, it’s our time to go.’ At that point, I knew I was in a crisis,” she said. “Thanks to the skilled and caring surgeons, and the love of family and friends, I’m still here.”

While going through the treatment, she made many promises to herself for better living upon recovery. Consequently, she exercises more and eats healthier foods. She said countless positive changes have been brought about by her desire to have healthier relationships, emotions, pastimes, spiritual life, relationship with the earth and environment, and even her finances. The experience also has given her first-hand experience for the lifespan wellness course she teaches at CSC.

“A crisis often brings about change. Sometimes that change helps us focus on what is really important in our lives,” she said. “Sometimes that change helps us focus our gaze on things we value. So why do we wait for a crisis to make life-enhancing changes? I hope you have a crisis, but I hope it is a crisis of wellness.”

Nealeigh, whose degrees include a doctorate in human environmental sciences from Oklahoma State University in 1992, also teaches courses in family and consumer sciences education and human services at CSC. The Hitchcock County native has served continuously on the CSC faculty since August 1994. She is a frequent presenter at conferences and has won many awards for her teaching and innovation.

While Nealeigh’s speech addressed perseverance, the presentation itself served as a lesson in toughing it out. She was rendered speechless by laryngitis the day before the ceremony. Her voice recovered just enough by Saturday morning to get her through the engagement.

In telling the graduates to work hard, she used the example of Major League Baseball left-fielder Eric Byrnes, who accomplished the rare feat of 50 stolen bases and 20 home runs on one season as an Arizona Diamondback in 2007.

She said Byrnes “left it all on the field,” by diving for grounders and sliding into base at every chance. She noted that teammates called him Pigpen, a reference to his dirty uniform and the Peanuts cartoon character known for the cloud of dirt lingering around his body.

“I hope you will each work so hard that you leave it all on the field, regardless of what others call you,” she said.

In order to make a difference, she encouraged the graduates to continue their pursuit of knowledge, to put their leadership skills to use in worthwhile organizations, and to lessen their impact on the environment. “You have earned a master’s degree, so it is time to determine, if you haven’t already, what difference you will make – in your family, in your community, in the world.”

—Justin Haag, CSC Information Services